

Physical bullying, such as punching, kicking or pushing.  A drawing of a tall boy in a red shirt and black pants punching a smaller boy in a red shirt and black pants. The smaller boy is looking away with a sad expression.	Verbal bullying, such as name-calling, teasing or spreading rumours.  A drawing of two children's faces. A yellow child on the left is speaking to a pink child on the right. A speech bubble from the yellow child says "Funny face! Funny face! Funny face!". The pink child has a sad expression.
Emotional bullying, such as leaving somebody out or ganging up.  A drawing of a boy in a pink shirt and grey pants standing alone, looking sad. Two girls in red and white checkered dresses are standing together, holding hands and pointing at him. One girl is holding a planet on a string.	Cyberbullying, such as unkind texts, upsetting emails or saying rude things in cyberspace.  A drawing of a teacher and two students. The teacher is looking at a smartphone. A speech bubble from the teacher says "Jo-Suck-on that! Forget Friends-Suckers!". A student is holding a smartphone and sending a text. A speech bubble from the student says "Jo (The victim)". Another student is holding a smartphone and sending a text. A speech bubble from the student says "THE STATION-TIM IS MEAN. A BULLY".



How to STOP bullying

The only way to STOP bullying is to Start Telling Other People.

Even if you're not absolutely sure what is happening to you (or somebody else) is bullying, you MUST speak to a trusted adult.

Tell an adult at home 	Tell your teacher 
Tell a teaching assistant 	Tell a lunchtime supervisor 

What happens to a bully at our school?

1. The class teacher will find out what has been happening by talking to the victim, the bully and any witnesses.
2. The teacher will record what has happened in the school's 'behaviour file' and this will be shared with the necessary adults.
3. A teacher will speak to the parents as soon as possible.

4. The school will try to help the bully change their behaviour.
5. Serious bullying will be dealt with by a member of the Senior Leadership Team.
6. If the bullying carries on, the bully could be removed from our school for a while.